Date:	Opponent:		handball-uebungen.de Training Units and Exercises for Your Training!
Team for the game  1	-		Our defence
8 9 10 11 12 12 13 14		Our attack	
Important for the d	efence:		
Important for the a	ttack:		



How to play	*
How to play:	
About opposing defence players:	
About opposing attack players:	